1. **CO-INITIATING:**
   Build Common Intent stop and listen to others and to what life calls you to do

2. **CO-SENSING:**
   Observe, Observe, Observe go to the places of most potential and listen with your mind and heart wide open

3. **PRESENCE:**
   Connect to the Source of Inspiration, and Will go to the place of silence and allow the inner knowing to emerge

4. **CO-CREATING:**
   Prototype the New in living examples to explore the future by doing

5. **CO-EVOLVING:**
   Embody the New in Ecosystems that facilitate seeing and acting from the whole